



# 2019 Market Prices Individual Cuts

CUT	COST / 100 GRAMS	COST / POUND
<b>STEAKS - GRILLING</b>		
TENDERLOIN	\$6.36	\$28.92
STRIP LOIN	\$3.76	\$17.10
RIB-EYE & TOP SIRLOIN	\$3.58	\$16.28
PORTERHOUSE	\$3.40	\$15.44
PRIME RIB & T-BONE	\$3.06	\$13.90
STRIPLOIN (BONE-IN)	\$2.76	\$12.55
SIRLOIN	\$2.66	\$12.06
<b>STEAKS - MARINATING</b>		
FLANK & SKIRT	\$2.75	\$12.50
SIRLOIN TIP	\$1.98	\$8.98
TOP ROUND & ROULADIN	\$1.94	\$8.78
BLADE & SHANK	\$1.80	\$8.17
<b>ROASTS</b>		
TOP SIRLOIN	\$3.58	\$16.28
PRIME RIB	\$3.06	\$13.90
EYE OF ROUND	\$2.25	\$10.22
SIRLOIN TIP & RUMP	\$1.98	\$8.98
TOP ROUND	\$1.94	\$8.78
SHORT / CROSS RIB / BLADE	\$1.71	\$7.77
BRISKET	\$1.80	\$8.17
<b>ORGAN MEATS</b>		
LIVER	\$1.52	\$6.90
HEART	\$1.06	\$4.82
TONGUE	\$1.52	\$6.90
SWEETBREADS (THYMUS)	\$0.92	\$4.20
KIDNEY	\$0.85	\$3.86
<b>OTHER CUTS</b>		
EXTRA LEAN GROUND	\$1.97	\$8.96
LEAN GROUND	\$1.83	\$8.28
GROUND BEEF PATTIES	\$2.02	\$9.18
STEWING BEEF	\$1.97	\$8.96
BEEF CHEEKS	\$2.49	\$11.30
BEEF OX-TAIL	\$1.67	\$7.60
BRAISING RIBS	\$1.20	\$5.45
SHORT RIBS	\$1.51	\$6.86
SOUP & MARROW BONES	\$0.85	\$3.86
ITALIAN SAUSAGE	\$2.34	\$10.64
SMOKED GARLIC SAUSAGE	\$2.96	\$13.46

**Dobson's Grass-Fed Beef  
Individual Cut Order Form**



Name: \_\_\_\_\_

Date: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email Address: \_\_\_\_\_

- Small orders are available at the Carp Farmers Market on Saturdays from May - October or by prior arrangement from the farm in Cobden.
- Choose your Cuts by the Number of Pieces, Approximate Weight or Approximate Cost.

TYPE OF CUT?	QUANTITY?	WEIGHT?	COST?

When would you like to pick up your beef? Date: \_\_\_\_\_

**For Your information:**

- Steaks are cut to about one inch / 2.5 centimeters thick.
- Ground and Stew Beef are in approximately one pound / 454 gram packages.
- Roasts are 3-4 pounds / 1.4 - 1.8 kilograms each.

We will do our best to accommodate special requests. Please contact us:

[www.dobsonfarm.com](http://www.dobsonfarm.com)  
[dobsonfarm@nrtco.net](mailto:dobsonfarm@nrtco.net)  
 Phone: 613-646-2488

PRICES EFFECTIVE MAY 2019